



**WEEK ONE**

GENESIS 1:27-28A;  
 GENESIS 2:25;  
 GENESIS 2:24

Sex is good,  
 and sex is powerful.

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**WEEK TWO**

1 CORINTHIANS 6:18-20

Technology is good,  
 and technology is powerful.

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**WEEK THREE**

1 JOHN 1:5-7;  
 1 JOHN 1:8-9

Confession is good,  
 and confession is powerful.

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**WEEK FOUR**

1 CORINTHIANS 6:18;  
 1 CORINTHIANS 6:19-20;  
 1 CORINTHIANS 10:13

Boundaries are good,  
 and boundaries are powerful.



**REMEMBER THIS:**

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.”  
 1 CORINTHIANS 6:19-20, NIV



**THINK ABOUT THIS:**

*None of Your Business* is a four-week series centered around the topic of sex. The goal is to help your middle schooler both understand God’s design for sex and begin to think about healthy boundaries and practices when it comes to sex. Though it may be an awkward, new, or serious conversation for students in this phase to have, it’s an important one that will help them frame their curiosity, impulses, choices, and experiences concerning sex in a healthy, God-designed way.

 DO THIS:



### MORNING TIME

Stay in the know about what kinds of technology your kid has access to right now. Check in with your kid about what technologies they're allowed to use in your home. Then, do a little research on your own to find out what kinds of technology, apps, social media, and more are out there (including what their friends are using!) that might expose your student to sex in a way that isn't good or healthy for them.



### MEAL TIME

Ask your middle schooler how they'd prefer to talk to you about subjects like sex. Maybe it's via text, face-to-face, passing a journal back and forth, or even setting a date one night a month to check in. Commit to letting the conversation happen their way so that the conversation keeps happening!



### DRIVE TIME

Fact: Talking about something like sex with a parent isn't an easy or comfortable thing for most people, but especially for middle schoolers! That's why it's so important that you encourage your student to have another safe adult to open up to that they (and you!) trust. Spend time this week helping your student identify who that person might be in their life, and then give your student permission to reach out to that person.



### BED TIME

Practice your game face! Don't be surprised if your middle schooler begins to exhibit curiosity or ask questions about sex. It's normal in this phase! On the inside, their hormones are taking over and their bodies are changing. And on the outside, the students around them are experimenting with or talking about sex more openly for the first time.